



## BREAKFAST

SERVED UNTIL 11:30AM

### THE ENGLISH **12.50**

Our Butchers Sausage, Back Bacon, Local Free Range Fried Eggs, Grilled Tomato, Grilled Mushrooms, Hash brown, Beans & Toasted Sourdough  
Add Black Pudding **2.00**

### THE VEGGIE **11.00** (VE on request)

Wilted Spinach, Local Free Range Fried Eggs, Grilled Tomato, Grilled Mushrooms, Hash browns, Beans & Toasted Sourdough  
Add Smashed Avocado **2.50**

### SMASHED AVOCADO ON TOASTED SOURDOUGH **8.75** (V) (VE)

Smashed Avocado with Chilli & Lime

Add Poached Eggs **2.00**

Add Back Bacon **2.00**

### SMOKED SALMON & SCRAMBLED EGGS **9.00**

### EGGS BENEDICT **10.00**

Local Free Range Poached Eggs, Our Butchers Ham, English Muffin & Hollandaise Sauce

### EGGS ROYALE **10.50**

Local Free Range Poached Eggs, Smoked Salmon, English Muffin & Hollandaise Sauce

### EGGS FLORENTINE **9.50** (V)

Local free range Poached Eggs, Wilted Spinach, English Muffin & Hollandaise Sauce

### HOMEMADE CINNAMON & NUT GRANOLA **7.50** (V)

Poached Star Anise Stone Fruit & Yoghurt

### PANCAKES **9.50**

Stack of Fluffy Pancakes with a choice of:

Bacon & Maple Syrup, Apple & Cinnamon (V), Berry Compote (V)

### BREAKFAST SANDWICHES **6.00**

Warm Ciabatta with a choice of:

Bacon, Sausage or Local Free Range Fried Eggs (V)

Or Fully Loaded **9.25**

## U12's BREAKFAST

DIPPY EGGS & TOASTED FINGERS **4.75**

CHILDREN'S PANCAKES **6.30**

2 Fluffy Pancakes with Maple Syrup or  
Fresh Fruit

SCRAMBLED EGGS ON TOAST **5.25**

## LIGHT OPTIONS

TOASTED TEA CAKE

With Tiptree Strawberry Jam & Netherend Farm  
Butter

## OVER THE COUNTER

SELECTION OF SWEET AND SAVOURY TREATS  
(VARIES DAILY)

Please make our team aware of any allergies or dietary requirements  
An automatic 10% gratuity will be added to tables of 8 and over, Thank You

# Fields

## LUNCH

SERVED 12PM-3PM

### FIELDS OPEN CLUB SANDWICH **12.50**

Grilled Chicken Breast, Bacon, Tomato, Lettuce, Roasted Garlic Mayo, Local Free Range Poached Egg & Balsamic Dressing

### THE SUFFOLK REUBEN **12.00**

Dedham Vale Hot Salt Beef, Melted Swiss Cheese & Sauerkraut in Toasted Sourdough with Russian Sauce

### FISH FINGER SANDWICH **10.00**

Breaded Sustainable Fish Goujons, Homemade Tartar Sauce in Sourdough Bread

### STOVETOP THREE CHEESE & MUSTARD SANDWICH **8.50 (V)**

Chef's selection of Cheese & Mustard in Toasted Sourdough

### FIELDS SPRING BOWL **11.50 (VE)**

Couscous, Pomegranate Seeds, Fresh Mint, Cucumber, Red Cabbage, Flatbread & Hummus with Chef's Dressing

Add Halloumi **3.75**

Add Grilled Chicken Breast **4.20**

### SMOKED SALMON SALAD **12.00**

Smoked Salmon, Avocado, Mixed Leaf, Cucumber, Toasted Seeds & Chef's Dressing, on Toasted Sourdough

### MAC & CHEESE **9.00 (V)**

Macaroni & Cheese topped with Sage, Cranberry & Sourdough Crumb

Add Garlic Bread **3.70**

### GRILLED HALLOUMI FLATBREAD **10.50**

Toasted Garlic Naan Bread, Grilled Halloumi, Sweet Chilli Dressing, Mint Yoghurt, Mixed Leaf, Spring Onions, Toasted Chickpeas & Beetroot Hummus

### SOUP OF THE DAY **7.00**

With Toasted Bread & Butter

## LITTLE ONES LUNCH

CRUDITÉS OF CARROTS,  
CELERY, CUCUMBER &  
HUMMUS **3.80**

HAM & CHEESE  
SANDWICH **4.00**

## U12's LUNCH

GRILLED SAUSAGE **8.50**  
BREADED FISH **8.50**  
CHICKEN MILANESE **8.50**  
PASTA AL POMODORO **8.00**

INCLUDES 2 SIDES WITH A CHOICE OF:  
FRIES - BROCCOLI - PEAS - BEANS -  
CUCUMBER & TOMATO SALAD

## U12's DESSERT

ICE CREAM **4.00**  
(2 SCOOPS)

MIXED FRUIT **3.50**

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